

COPY of RULES made by the GENERAL PRISONS BOARD, and Settled and Approved by the LORD LIEUTENANT and the PRIVY COUNCIL, with respect to the DIETS of the PRISONERS confined in CONVICT PRISONS in IRELAND.

By the General Prisons Board for Ireland.

IN pursuance of the General Prisons (Ireland) Act, 1877, the General Prisons Board for Ireland hereby make the following Rules with respect to the Diets of convicts confined in prisons in Ireland, viz. :—

For convicts confined in Spike Island Prison, or other Public Works Convict Prison, the Dietary according to annexed scale headed "Spike Island Convict Prison."

For convicts confined in Mountjoy Male Convict Prison, or other similar Convict Prison, the Dietary according to annexed scale headed "Mountjoy Male Convict Prison."

For convicts confined in Mountjoy Female Convict Prison, or other similar convict Prison, the Dietary according to annexed scale headed "Mountjoy Female Convict Prison."

For convicts confined in Lusk Intermediate Convict Prison, or other similar Intermediate Prison, the Dietary according to annexed scale headed "Lusk Convict Prison."

SPIKE ISLAND CONVICT PRISON.

SCALE OF DIETARY.

FOR PRISONERS ON THE ORDINARY PRISON DIET (LABOUR CLASS).

Meal.	Day.	Description.	Quantity.
BREAKFAST - - -	Sunday - -	Rice - -	Made into stir-about. { 3 ozs. 3 ozs. $\frac{1}{2}$ pint. $\frac{1}{2}$ lb.
	Tuesday - -	Oatmeal - -	
	Thursday - -	Milk - -	
	Saturday - -	Bread - -	
	Monday - -	Rice - -	Made into stir-about. { 3 $\frac{1}{2}$ ozs. 3 $\frac{1}{2}$ ozs. 1 pint. $\frac{1}{2}$ lb.
	Wednesday - -	Oatmeal - -	
	Friday - -	Milk - -	
		Bread - -	
	Sunday - -	Oatmeal - -	Made into 1 pint of Soup. { $\frac{1}{2}$ oz. $\frac{1}{2}$ oz. $\frac{1}{2}$ oz. $\frac{1}{2}$ lb. 2 $\frac{1}{2}$ lbs.
		Rice - -	
		Vegetables - -	
		Beef - -	
		Potatoes - -	
DINNER - - -	Monday - -	Bread - -	1 lb.
	Wednesday - -	Milk - -	1 pint.
	Tuesday - -	Oatmeal - -	Made into 1 pint of Soup. { $\frac{1}{2}$ oz. $\frac{1}{2}$ oz. $\frac{1}{2}$ oz. $\frac{1}{2}$ lb. $\frac{1}{2}$ lb.
	Thursday - -	Rice - -	
	Saturday - -	Vegetables - -	
		Beef - -	
		Bread - -	
	Sunday - -	Bread - -	1 lb.
	Tuesday - -	Milk - -	$\frac{1}{2}$ pint.
	Thursday - -		
SUPPER - - -	Monday - -	Bread - -	$\frac{1}{2}$ lb.
	Wednesday - -	Milk - -	$\frac{1}{2}$ pint.
	Friday - -		

FOR PRISONERS COMMITTED TO CELLS WHILST THEIR CASES ARE AWAITING DECISION, AND FOR PRISONERS IN SEPARATE CONFINEMENT FOR SPECIAL REASONS.

Meal.	Day.	Description.	Quantity.
BREAKFAST - - -	Daily - -	Oatmeal - -	Made into stir-about. { 2 $\frac{1}{2}$ ozs. 2 $\frac{1}{2}$ ozs. $\frac{1}{2}$ pint.
		Rice - -	
		Milk - -	
	Sunday - -	Bread - -	1 lb.
	Tuesday - -	Soup - -	1 pint.
DINNER - - -	Monday - -	Bread - -	1 lb.
	Wednesday - -	Milk - -	1 pint.
	Friday - -		
	Sunday - -	Bread - -	$\frac{1}{2}$ lb.
	Tuesday - -		
SUPPER - - -	Monday - -	Bread - -	$\frac{1}{2}$ lb.
	Wednesday - -	Milk - -	$\frac{1}{2}$ pint.
	Friday - -		

SPIKE ISLAND CONVICT PRISON—continued.

SCALES OF DIETARY—continued.

FOR PRISONERS ON THE INVALID DIET.

Meal.	Day.	Description.	Quantity.
BREAKFAST - - -	Sunday - -	Coffee - -	$\frac{1}{2}$ oz.
	Tuesday - -	Chinoy - -	$\frac{1}{2}$ oz.
	Thursday - -	Molasses - -	$\frac{1}{2}$ oz.
		Milk - -	$\frac{1}{2}$ pint.
		Bread - -	$\frac{1}{2}$ lb.
		Made into 1 pint of Coffee.	
	Monday - -	Oatmeal - -	$3\frac{1}{2}$ ozs.
	Wednesday - -	Rice - -	$3\frac{1}{2}$ ozs.
	Friday - -	Milk - -	$\frac{1}{2}$ pint.
	Saturday - -		
		Made into stir-about.	
DINNER - - -	Sunday - -	Oatmeal - -	$\frac{1}{2}$ oz.
		Rice - -	$\frac{1}{2}$ oz.
		Vegetables - -	$\frac{1}{2}$ oz.
		Beef - -	$\frac{1}{2}$ lb.
		Potatoes - -	5 lbs.
		Made into 1 pint of Soup.	
	Monday - -	Bread - -	$\frac{1}{2}$ lb.
	Wednesday - -	Milk - -	$\frac{1}{2}$ pint.
	Friday - -		
	Saturday - -		
		Made into 1 pint of Soup.	
SUPPER - - -	Tuesday - -	Oatmeal - -	$\frac{1}{2}$ oz.
	Thursday - -	Rice - -	$\frac{1}{2}$ oz.
		Vegetables - -	$\frac{1}{2}$ oz.
		Beef - -	$\frac{1}{2}$ lb.
		Bread - -	$\frac{1}{2}$ lb.
		Made into 1 pint of Soup.	
	Daily - -	Bread - -	$\frac{1}{2}$ lb.
		Milk - -	$\frac{1}{2}$ pint.

FOR PRISONERS IN PENAL CLASS.

Meal.	Day.	Description.	Quantity.
BREAKFAST - - -	Sunday - -	Oatmeal - -	3 ozs.
	Tuesday - -	Rice - -	3 ozs.
	Thursday - -	Milk - -	$\frac{1}{2}$ pint.
	Saturday - -		
	Monday - -	Oatmeal - -	$3\frac{1}{2}$ ozs.
	Wednesday - -	Rice - -	$3\frac{1}{2}$ ozs.
	Friday - -	Milk - -	1 pint.
	Saturday - -		
DINNER - - -	Sunday - -	Bread - -	$\frac{1}{2}$ lb.
	Tuesday - -	Milk - -	$\frac{1}{2}$ pint.
	Thursday - -		
	Saturday - -		
	Monday - -	Bread - -	1 lb.
	Wednesday - -	Milk - -	1 pint.
	Friday - -		
	Saturday - -		
SUPPER - - -	Sunday - -	Bread - -	$\frac{1}{2}$ lb.
	Tuesday - -	Milk - -	$\frac{1}{2}$ pint.
	Thursday - -		
	Saturday - -		
	Monday - -	Bread - -	$\frac{1}{2}$ lb.
	Wednesday - -	Milk - -	$\frac{1}{2}$ pint.
	Friday - -		

HOUSEHOLD MALE CORRECT PRISON—Issues of Food.

1. Old Classification. 2. New Classification.		Bachelors.		Grooms.		Wentons.		Furniture or Food and Water Etc.	
		1. First Four Months. 2. First Four Months.		1. First Four Months. 2. First Four Months.		1. After Eight Months. 2. After Four Months.			
Men.	Day.	Description.	Quantity.	Day.	Description.	Quantity.	Day.	Description.	Quantity.
Bachelors	Daily	Bread - - - Coffee - - -	16 oz. 1 pint.	Daily	Bread - - - Coffee - - -	16 oz. 1 pint.	Daily	Bread - - - Coffee - - -	16 oz. 1 pint.
	Sunday - Thursday	Bread - - - Potatoes - - - Soup (Oatmeal)	8 oz. 1 lb. 1½ pints.	Sunday - Thursday	Bread - - - Potatoes - - - Meat (with bones) Soup - - -	8 oz. 1 lb. 8 oz. 1 pint.	Sunday Thursday	Potatoes - Meat (with bones) Soup - - -	8 oz. 1 lb. 1 pint.
	Monday Friday	Bread - - - Coffee - - -	16 oz. 1 pint.	Monday Friday	Bread - - - Coffee - - -	16 oz. 1 pint.	Tuesday Saturday	Potatoes - Meat (with bones) Soup - - -	8 oz. 1 lb. 1 pint.
	Tuesday Saturday	Bread - - - Soup (Oatmeal)	16 oz. 1½ pints.	Tuesday Saturday	Bread - - - Soup (Oatmeal)	16 oz. 1½ pints.	Monday Friday	Bread - - - Coffee - - -	16 oz. 1 pint.
Grooms	Wednesday	Bread - - - New Milk - -	16 oz. 1 pint.	Wednesday	Bread - - - New Milk - -	16 oz. 1 pint.	Wednesday	Bread - - - New Milk - -	16 oz. 1 pint.
							Sunday Monday Tuesday Wednesday Thursday Friday		
Barren	Daily	Bread - - - Cream - - -	8 oz. 1 pint.	Daily	Bread - - - Cream - - -	8 oz. 1 pint.		Bread - - - Tea - - -	16 oz. 1 pint.
								Bread - - - Tea - - -	16 oz. 1 pint.

ISSUES OF FOOD TO EACH RATEE.

- Tea - - - }
Coffee - - } To every pint - - - { 1 ounce Tea, ½ ounce Sugar, ½ pint Milk.
Cream - - } 1 ounce Coffee, 1 ounce Cream, 1 ounce Sugar, and ½ pint Milk.
New Milk - - } 1 ounce Cream, 1 ounce Sugar, and ½ pint Milk.
Oatmeal Soup - - } To every pint of the liquid in which the Meat is cooked, add 1 ounce Oatmeal and 2 ounces Vegetables, with pepper and salt to taste.
Oatmeal Soup - - } To every pint add 1 lb. ½ Oatmeal, 2 ounces Vegetables, 2 ounces Oatmeal, with pepper and salt to taste.

MOUNTJOY FEMALE CONVICT PRISON.

SCALES OF DIETARY.

No. 1.

1. Old Classification.	1. PROBATION THIRD and SECOND CLASSES - - - } First	
2. New Classification.	2. PROBATION CLASS and THIRD CLASS, First 3 Months } 12 Months.	

Meal.	Day.	Description.	Quantity.
BREAKFAST - - - -	Sunday - - -	Bread - - - - - Coffee - - - - -	8 ozs. 1 pint.
	Tuesday - - -		
	Wednesday - - -		
	Friday - - -		
	Monday - - -	Bread - - - - - Cocoa - - - - -	8 ozs. 1 pint.
	Thursday - - -		
Saturday - - -			
DINNER - - - -	Sunday - - -	Bread - - - - - Coffee - - - - -	12 ozs. 1 pint.
	Monday - - -		
	Wednesday - - -		
	Friday - - -		
	Saturday - - -	Potatoes - - - - - Soup - - - - -	2 lbs. 1 pint.
	Tuesday - - -		
SUPPER - - - -	Thursday - - -	Meat (with bone) - - - - -	6 ozs.
	Daily - - -	Bread - - - - -	4 ozs.
		Tea - - - - -	1 pint.

No. 2.

1. FIRST CLASS - - - - -	} Second 12		
2. THIRD CLASS after First 3 Months, and SECOND CLASS, First 6 Months - - - - -	} Months.		
Meal.	Day.	Description.	Quantity.
BREAKFAST - - - -	Sunday - - -	Bread - - - - - Coffee - - - - -	8 ozs. 1 pint.
	Tuesday - - -		
	Wednesday - - -		
	Friday - - -		
	Monday - - -	Bread - - - - - Cocoa - - - - -	8 ozs. 1 pint.
	Thursday - - -		
Saturday - - -			
DINNER - - - -	Sunday - - -	Bread - - - - - Soup - - - - -	8 ozs. 1 pint.
	Saturday - - -		
	Monday - - -	Bread - - - - - Coffee - - - - -	12 ozs. 1 pint.
	Wednesday - - -		
	Friday - - -		
	SUPPER - - - -	Tuesday - - -	Potatoes - - - - - Soup - - - - -
Thursday - - -			
Daily - - -		Bread - - - - - Tea - - - - -	4 ozs. 1 pint.

MOUNTJOY FEMALE CONVICT PRISON—continued.

SCALES OF DIETARY—continued.

No. 3.

1. Old Classification. 2. New Classification.	1. ADVANCED CLASS. 2. SECOND CLASS, after First 6 Months, and First CLASS.	Remainder of Sentence.	
Meal.	Day.	Description.	Quantity.
BREAKFAST - - -	Sunday - -	Bread - - - - -	8 ozs.
	Tuesday - -	Coffee - - - - -	1 pint
	Wednesday - -		
	Friday - -		
	Monday - -	Bread - - - - -	8 ozs.
	Thursday - -	Cocoa - - - - -	1 pint.
DINNER - - -	Sunday - -	Bread - - - - -	8 ozs.
	Monday - -	Soap - - - - -	1 pint.
	Saturday - -		
	Wednesday - -	Bread - - - - -	12 ozs.
	Friday - -	Coffee - - - - -	1 pint.
SUPPER - - -	Tuesday - -	Potatoes - - - - -	2 lbs.
	Thursday - -	Soup - - - - -	1 pint.
		Meat (with bone) - - - - -	8 ozs.
	Daily - -	Bread - - - - -	4 ozs.
		Tea - - - - -	1 pint.

No. 4.

PENAL CLASS.				Bread and Water.
Meal.	Day.	Description.	Quantity.	
BREAKFAST - - -	Sunday - -			Daily, 4 lb. Bread at Breakfast and 4 lb. at Dinner, with Water.
	Tuesday - -	Bread - - - - -	8 ozs. -	
	Wednesday - -	Coffee - - - - -	1 pint -	
	Friday - -			
	Monday - -	Bread - - - - -	8 ozs. -	
	Thursday - -	Cocoa - - - - -	1 pint -	
DINNER - - -	Sunday - -			
	Tuesday - -	Bread - - - - -	12 ozs. -	
	Wednesday - -	Coffee - - - - -	1 pint -	
	Thursday - -			
	Friday - -			
SUPPER - - -	Monday - -	Potatoes - - - - -	1 lb. -	
	Saturday - -	Bread - - - - -	8 ozs. -	
		Soup - - - - -	1 pint -	
	Daily - -	Bread - - - - -	4 ozs. -	
		Milk Gruel - - - - -	1 pint -	

INGREDIENTS TO EACH RATION.

Tea - - -	To every pint	{ 1 ounce Tea, 1 ounce Sugar, 1 pint Milk. 1 ounce Coffee, 1 ounce Sugar, 1 pint Milk. 1 ounce Cocoa, 1 ounce Sugar, 1 pint Milk.	
Coffee - - -			
Cocoa - - -			
Meat Soup - - -	To every pint of the liquor in which the Meat is cooked add 2 ounces vegetables, 1 ounce Oatmeal, 2 ounces Rice, with pepper and salt to taste.		
Shin of Beef Soup - - -	To every pint, 6 ounces shin of Beef, 2 ounces Vegetables, 1 ounce Oatmeal, with pepper and salt to taste.		
Milk Gruel - - -	To every pint, 4 ounces Oatmeal, and 1 pint Milk.		

LUSK CONVICT PRISON.

DIETARY FOR ALL PRISONERS DURING THEIR ENTIRE TERMS IN THIS PRISON.

Meal.	Day.	Description.	Quantity.
BREAKFAST - - -	Monday - -	Stirabout - - - - -	2 pints.
	Wednesday - -	Milk - - - - -	$\frac{1}{2}$ pint.
	Friday - -	Bread - - - - -	$\frac{1}{2}$ lb.
	Saturday - -		
	Tuesday - -	Stirabout - - - - -	1 $\frac{1}{2}$ pints.
	Thursday - -	Milk - - - - -	$\frac{1}{2}$ pint.
		Bread - - - - -	$\frac{1}{2}$ lb.
	Sunday - -	Tea - - - - -	1 pint.
		Bread - - - - -	$\frac{1}{2}$ lb.
	Sunday - -	Beef with Bone - - - - -	$\frac{1}{2}$ lb.
DINNER - - -	Tuesday - -	Soup - - - - -	1 pint.
	Thursday - -	Potatoes - - - - -	2 lbs.
		Bread - - - - -	$\frac{1}{2}$ lb.
	Monday - -	Milk - - - - -	1 pint.
	Wednesday - -	Potatoes - - - - -	2 lbs.
SUPPER - - -	Friday - -	Bread - - - - -	$\frac{1}{2}$ lb.
	Saturday - -		
	Daily - -	Bread - - - - -	$\frac{1}{2}$ lb.
		Coffee - - - - -	1 pint.

INGREDIENTS TO EACH RATION.

SOUP.—To every pint of the Broth in which the meat is cooked add one ounce Vegetables and one ounce Oatmeal, with pepper and salt to taste.

TEA.—To every pint, $\frac{1}{2}$ ounce Tea, $\frac{1}{2}$ ounce Sugar, and $\frac{1}{2}$ pint Milk.

COFFEE.—To every pint, $\frac{1}{2}$ ounce Coffee, $\frac{1}{2}$ ounce Chicory, 1 $\frac{1}{2}$ ounces Melasses, and $\frac{1}{2}$ pint Milk.

STIRABOUT.—To every pint, 2 $\frac{1}{2}$ ounces Oatmeal, with salt.

The foregoing Rules shall apply to the prisoners confined in every Convict Prison, and shall come into operation upon the expiration of 40 days after same, having been settled and approved by the Lord Lieutenant, or Lords Justices and Privy Council, shall have been laid before Parliament.

Made and executed this 12th day of April 1862, by "The General Prisons Board for Ireland."

J. Barlow, Vice Chairman.

[Seal.]

By the Lord Lieutenant and Privy Council of Ireland.

Couper.

IN pursuance of the General Prisons (Ireland) Act, 1877, We, the Lord Lieutenant General and General Governor of Ireland, with the approval, advice, and consent of the Privy Council of Ireland, have settled and hereby approve of the foregoing Rules made by the General Prisons Board for Ireland, with respect to the Diets of the prisoners confined in Convict Prisons in Ireland.

Given at the Council Chamber, Dublin Castle, the 20th day of April 1882.

H. Law, C. Leinster. E. B. Moore. Henry Omsby.

PRISONS (IRELAND).

COPY of Report made by the General Prisons
Board, and Printed and Approved by the
Irish Government and the Privy Council,
with respect to the State of the Prisons
existing in Queen's Prison in January,

(Printed, pursuant to Order of Parliament.)

Ordered, by the House of Commons, to be Printed,
29. April 1851.

31-10-

2-12-51

Order 1 an.